WHAT IS SEXUAL VIOLENCE?
Sexual violence includes the use of sexual contact by one person to another against his or her will and may include acts as:
• Forced penetration of the vagina or anus with a penis or other object,
• Touching the private parts including the penis, vagina or anus,
• Oral sex (placing the mouth or tongue on a person’s vagina, penis or anus),
• Rubbing of a penis, hand or other object against another person’s private parts,
• Performing sexual acts with an animal.

However, the law defines each of these activities differently.

ABOUT LVCT
LVCT has spearheaded gender equitable provision of HIV/AIDS prevention, care and treatment services with particular emphasis on improving access to services for groups with special needs including victims of sexual violence.

Since 2004, LVCT has offered technical support to the Ministry of Health through the Division of Reproductive Health in the provision of post rape care services in 16 public health facilities.

WHAT IS A P3 FORM?
• It is the Kenya Police Medical Examination Form.
• It should be completed and signed only when you have fully recovered from all your injuries.
• It is used to request for medical examination by a medical officer of health in order to determine the nature and extent of bodily injury sustained by a complainant in assault cases.
• It is provided for free and should not be paid for.

WHERE CAN I SEEK HELP IF SEXUALLY ASSAULTED?
Go to the nearest:
• Provincial/District hospital
• Police station

HOW CAN I HELP SOMEONE WHO HAS BEEN SEXUALLY ASSAULTED?
• Listen to them carefully and comfort them.
• Go with her/him to the nearest hospital/police station.

WHAT HAPPENS AT THE HOSPITAL?
• The health care provider will record this information in detail in the PRC1 form (Post Rape Care form) which is already available at the police station. The medical officer must sign the PRC1 form.
• If you have not reported to the police station, you will be required to do so (in order to be issued with a P3 form which will form part of the health care provider medical report).

The PRC1 form is filled in three copies, it forms part of the medical record. You will be given the original white copy of the PRC1 copy form after it has been duly filled. The yellow copy should be given to the police to support the P3 Form and the green copy will be retained at the hospital for documentation.

• The health care provider will record this information in detail in the PRC1 form (Post Rape Care form) which is already available at the hospital. The medical officer must sign this.
• If you have been to the police, hand in the P3 form to the health care provider to fill in.
• If you have not reported to the police station, you will be required to do so (in order to be issued with a P3 form which will form part of the health care provider medical report).

WHAT HAPPENS AT THE POLICE STATION?
• At the police station you will report the assault and a record will be made in the occurrence book (OB). You will get an OB number.
• You will be asked questions about the sexual assault. You will need to answer all questions asked frankly.
• The police will cross-examine what you say in the P3 form.
• The police will examine the P3 form and the medical report and may ask questions.
• The police will call the medical officer and the rape care forms. You will be asked to go to the police station.
• You will be given supportive and medical care.
• You will be given prophylactic treatment (PEP) against HIV, pregnancy and sexually transmitted infections.
• You will be asked questions about the sexual assault. You will need to answer all questions asked frankly.
• The police will cross-examine what you say in detail and may sometimes ask questions that are difficult for you to answer. This may be uncomfortable or even painful but it is necessary.
• Other procedures such as writing a statement can be undertaken after you have received initial treatment from the hospital.

WHAT TO DO WHEN SEXUALLY ASSAULTED:
• Do not wash, comb or clean any part of your body no matter how much you may want to do so before you visit a hospital and are examined by a health care provider.
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The examination may be uncomfortable, embarrassing and sometimes painful but it is necessary.

• The health care provider will also take samples e.g. blood and urine for test and investigation purposes.
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