PROVIDER, PATIENT, & OBSERVER PERSPECTIVES ON MENTAL HEALTH IN SEXUAL ASSAULT SERVICES

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Rationale

- Rape has a profound impact on survivors’ mental health
- Early intervention can reduce or prevent severe psychological distress
- Mental health is a barrier in PEP adherence
Method

- Rape Care Centres
- Primary Healthcare Clinic

- NGOs
- NGOs
- NGOs
- NGOs

- IDI: 43 Service Providers
- IDI: 13 Survivors
- Observations at 3 clinics
SURVIVORS

• Want more support and comforting

“...”
Recommendations

- Integrate mental health support for survivors AND providers
- Improve mental health literacy
- Specialised skills for child and adolescent survivors
Questions or Comments
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