Supporting Success

The acceptability of a workshop for parents of teens in South Africa

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Evidence-based primary prevention in LMICs: an emerging field

- A need for effective primary prevention interventions in LMICs

- However, there is a lack of evidence-based interventions

- **SHARE Study** aims to develop and test a multi-faceted school-based intervention to prevent intimate partner violence (IPV)
Theoretical model of causes of IPV (Jewkes, 2002)

IPV

Ideology of Male Superiority
- Distinct gender roles & hierarchy
- Male sexual entitlement
- Low social value and power of women
- Male control of women

Culture of Violence
- Violent past
- Violence common in communities, homes, schools
- Normalisation of the use of violence to gain and wield power
...operational at different levels

An ecological approach
Interventions

- School Strengthening
  - LO Curriculum
  - LO Teacher Training
  - School Values and Environment Framework
  - Positive Discipline Behaviour Management Skills

- Parenting Strengthening
  - Supporting Success Workshop
RANDOMISED CONTROL TRIAL

GROUP 1:
8 SCHOOLS

School Strengthening Intervention

Quantitative & Qualitative research measures

GROUP 2:
8 SCHOOLS

School Strengthening Intervention + Parenting Intervention

Quantitative & Qualitative research measures

GROUP 3:
8 SCHOOLS

No intervention

Quantitative & Qualitative research measures
Baseline (T1) Data Collection

Group 1: School Strengthening Intervention

Group 2: School Strengthening Intervention + Parent Intervention

Group 3: No interventions

Post-Ix (T2) Data Collection

Follow-up 1 (T3) Data Collection

“Regular Services”

Follow-up 2 (T4) Data Collection

“Regular Services”
Supporting Success: Building strong positive relationships between parents and their teen children

- 4 day workshop

- Concurrent parent and teen sessions

- Regular dialogue activities at the end of each of the 4 sessions

- Participatory

- Guided discussions, role plays, skill building, games
Development Process for Supporting Success

- Theoretical framework
- Other Ixs as models
- Team consultation

DRAFT 1
- Feedback
- Team consultation
- Revisions

Pilot Test

DRAFT 2
- Feedback
- Team consultation
- Revisions

Pilot Test

DRAFT 3
- Feedback
- Team consultation
- Revisions

External Reviewers

Qual. Eval.

DRAFT 4
- Feedback
- Team consultation
- Revisions

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Parents say...

"The workshop has taught us a lot about how we speak to our child and how we can be more open with our parents. It has taught me that it is important how you speak to a person. If you shout at a person, they will also shout at you." 

"I have always been a person who is aggressive because I believed a child is a child in my house and should adhere to my rules. But now I know and understand that my approach is important as they may have a different impact and create a different relationship with my child." 

"Understanding that our stresses should not be the excuse as to how we behave towards our children." 

"I have always been a person who is aggressive in approach because I believed a child is a child in my house and should adhere to my rules. But now I know and understand that my approach is important as they may have a different impact and create a different relationship with my child." 

"We felt you were taking away our power..." 

"The workshop has taught us a lot about how we as parents speak to our children and the impact that may have...I need to sit down with the child and not to always shout at the child...we are not always right as parent and it's important that we should listen to our kids and not always assume that they are mischievous and cheeky." 

"I have always been a person who is aggressive in approach because I believed a child is a child in my house and should adhere to my rules. But now I know and understand that my approach is important as they may have a different impact and create a different relationship with my child." 

"We felt you were taking away our power..."

Teens say...

"I liked the workshop because the things that we talked about here, there is no one I can talk about them to."

"I loved...that we came up with it together, she did not just come and tell us this is what we have to do...she got us involved." 

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Questions
Comments
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Dialogue – teens being parents