**Insert title**

Position – centre / all wording lower case and bold - Size - 14

Initial and surname of authors with only first author underlined (*all superscripts in front of name*)

Position centre - Size - 11

Affiliation of each author (*all superscripts in front of organisations*)

Position centre - Size - 11

**BACKGROUND**- Size – 11 (*Bold upper case*)

Insert paragraph- Size – 11

**OBJECTIVE**- Size – 11 (*Bold upper case*)

Insert paragraph- Size – 11

**METHODS**- Size – 11 (*Bold upper case*)

Insert paragraph- Size – 11

**RESULTS**- Size – 11 (*Bold upper case*)

Insert paragraph- Size – 11

**CONCLUSION**- Size – 11 (*Bold upper case*)

Insert paragraph- Size - 11

*Please note that the font that should be used must be Arial*