Making the case for involving young people in research on sexual violence

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Balancing protection and participation rights

In theory: mutually dependent and indivisible

In reality: clear evidence of a ‘hierarchy of rights’
Reasons for avoidance

- Young person is too vulnerable
- Topic is too sensitive
- Researcher discomfort
- Time consuming/hard to do well
Reasons for engagement

- Better data/unique insight from key stakeholder
- Enhances our evidence base
- Redressing inequality within research (transfer of power/control)
- Challenging cultures of silence/stigma
Be Healthy:

The ‘Be Healthy’ project was a resource created by young people for young people and professionals. This was the outcome of the research for this project: http://www.ayph-behealthy.org.uk/what-we-do/. As a result of this resource we were able to gain relationships with professionals and continue working alongside them. This was very useful in creating youth focused and youth friendly environments.

Peer support website:

The Peer website was a result of some left over funding (I know! It’s hard to believe- spare money) that myself and another young person had requested an extension on to create another resource. Website link: http://behealthy-peersupport.org.uk/. This resource was created for young people going through or a peer going through a sexual violence issue and would like to seek advice in addition to attending services or the young people who are not able to attend services.
For more information and resources visit our website www.beds.ac.uk/ic

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