Invisible Realities:
Understanding the Lived Experiences of Women with Disabilities in Rural Nepal

**Issue:**
WWDs are at a major risk of experiencing violence, compounded by weak access to justice mechanisms in Nepal.

**Methodology:**
Quantitative survey with 145 WWDs, 13 key informants interviewed, and a stratified purposeful sampling method used in the research.

**Findings:**
Among 145 WWDs:
- 45 women experienced violence.
- 73% of women who experienced VAWG said their disability was one of the main causes of violence against them.
- 73% did not report their abuse.

**Recommendations:**
- Improve knowledge & understanding of VAWG against WWD.
- Challenge social norms that perpetuate violence.
- Ensure meaningful participation and inclusion of WWD.
- Strengthen and implement legislation.
- Improve disability friendly infrastructure.
- Improve access to justice for WWD.

**Nepal Disabled Women Association (NDWA)**

Read the full report here: [https://www.womankind.org.uk/policy-and-campaigns/resources/invisible-realities](https://www.womankind.org.uk/policy-and-campaigns/resources/invisible-realities)