Raising the bar for routine M&E in GBV programs:
Measuring outcomes for women and older adolescent girls around psychosocial well-being and felt stigma

Angela Francis, Elhra & Kathryn Falb, IRC | SVRI Forum Presentation
Why this toolkit?

- Case management should measure outcomes for survivors, not just outputs

- Need for providing service managers with tools to measure how women and girl survivors of GBV respond to services
  - Felt stigma
  - Psychosocial wellbeing
Tool Adaptation in Jordan and Kenya

Started from tools previously used in DRC

Focus groups with Women’s Protection & Empowerment Teams and others, including defining concepts, free listing, revising items, etc.
## Demographics of Participants

<table>
<thead>
<tr>
<th></th>
<th>Jordan (n=108)</th>
<th>Kenya (n=100)</th>
<th>Total (n=208)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Age, mean (sd)</strong></td>
<td>34.6 (8.6)</td>
<td>31.4 (9.1)</td>
<td>33.0 (9.0)</td>
</tr>
<tr>
<td><strong>Married, n (%)</strong></td>
<td>67 (62.0)</td>
<td>35 (35)</td>
<td>102 (49.0)</td>
</tr>
<tr>
<td><strong>Live with partner, n (%)</strong></td>
<td>52 (80)</td>
<td>26 (76)</td>
<td>78 (79)</td>
</tr>
<tr>
<td><strong>Years of education, mean (sd)</strong></td>
<td>8.0 (4.0)</td>
<td>2.2 (4.0)</td>
<td>5.4 (4.9)</td>
</tr>
<tr>
<td><strong>Number of people living in home, mean (sd)</strong></td>
<td>5.5 (2.7)</td>
<td>7.3 (3.8)</td>
<td>6.4 (3.4)</td>
</tr>
<tr>
<td><strong>Number of children responsible for, mean (sd)</strong></td>
<td>3.0 (1.9)</td>
<td>4.4 (3.2)</td>
<td>3.7 (2.7)</td>
</tr>
<tr>
<td><strong>Pregnant, n (%)</strong></td>
<td>9 (8)</td>
<td>22 (22)</td>
<td>31 (15)</td>
</tr>
<tr>
<td><strong>Disability, (%)</strong></td>
<td>6 (6)</td>
<td>19 (19)</td>
<td>25 (12)</td>
</tr>
<tr>
<td><strong>Years lived in current location, mean (sd)</strong></td>
<td>5.5 (5.3)</td>
<td>9.5 (6.5)</td>
<td>7.7 (6.3)</td>
</tr>
</tbody>
</table>
**PSYCHOSOCIAL FUNCTIONALITY SCALE**
I will ask you about specific tasks and activities. Thinking about the last four weeks, please tell me how difficult it is for you to carry out these activities. You will tell me if it is:

- Not difficult at all
- Difficult
- A little bit difficult
- Very difficult
- So difficult that you often cannot do it.

1. Giving advice to family members
2. Exchanging ideas with others
3. Uniting with other community members to do tasks for the community
4. Asking/getting help from people or organizations when you need it
5. Making important decisions about daily life
6. Taking part in family decisions
7. Learning new skills
8. Concentrating on your tasks or responsibilities
9. Interacting or dealing with people you don’t know
10. Keeping your household clean

**FELT STIGMA SCALE**
Thinking about the last four weeks, please tell me how much you have had these thoughts and feelings. You will tell me if it is:

- Not at all
- A little bit
- A moderate amount
- A lot

1. Feelings of worthlessness, of having no value
2. Feeling detached or withdrawn from others
3. Feeling badly treated by community members
4. Feeling shame
5. Blaming yourself for past events.
6. Feeling rejected by everybody
7. Feeling stigma
8. Wanting to avoid other people or hide
9. Feeling like your family gazes at you like they are blaming you
10. Feeling like community members gaze at you like they are blaming you
What does the GBV Case Management Outcome Monitoring Toolkit measure?

The **Psychosocial Functionality Scale** is a 10-item questionnaire that measures a women and older adolescent girls’ ability to carry out important tasks in their daily lives.

The **Felt Stigma Scale** is a 10-item that measures women and older adolescent girls’ both perceived and internalized experiences of stigma.
How to use the GBV Case Management Outcome Monitoring Toolkit

Step 1: Introduce the tool to the survivor
Step 2: Lead the survivor through the questionnaire
Step 3: Support the survivor to select relevant feelings, activities and relationships
Step 4: Return to the action planning activity within your case management session
Use the toolkit in line with the Interagency GBV CM Guidelines
Information included in the toolkit

- How to compile and analyze the results for individual clients and across a case load
- How to use the results to improve case management services
- Directions on how to adapt the tools to your settings
  - Step 1: Deciding Whether or Not to Adapt
  - Step 2: Focus Group Discussion with Service Providers
  - Step 3: Adapting Visuals Guides
  - Step 4: Piloting the Adapted Monitoring Tool
Thank you

All tools are available at www.gbvresponders.org