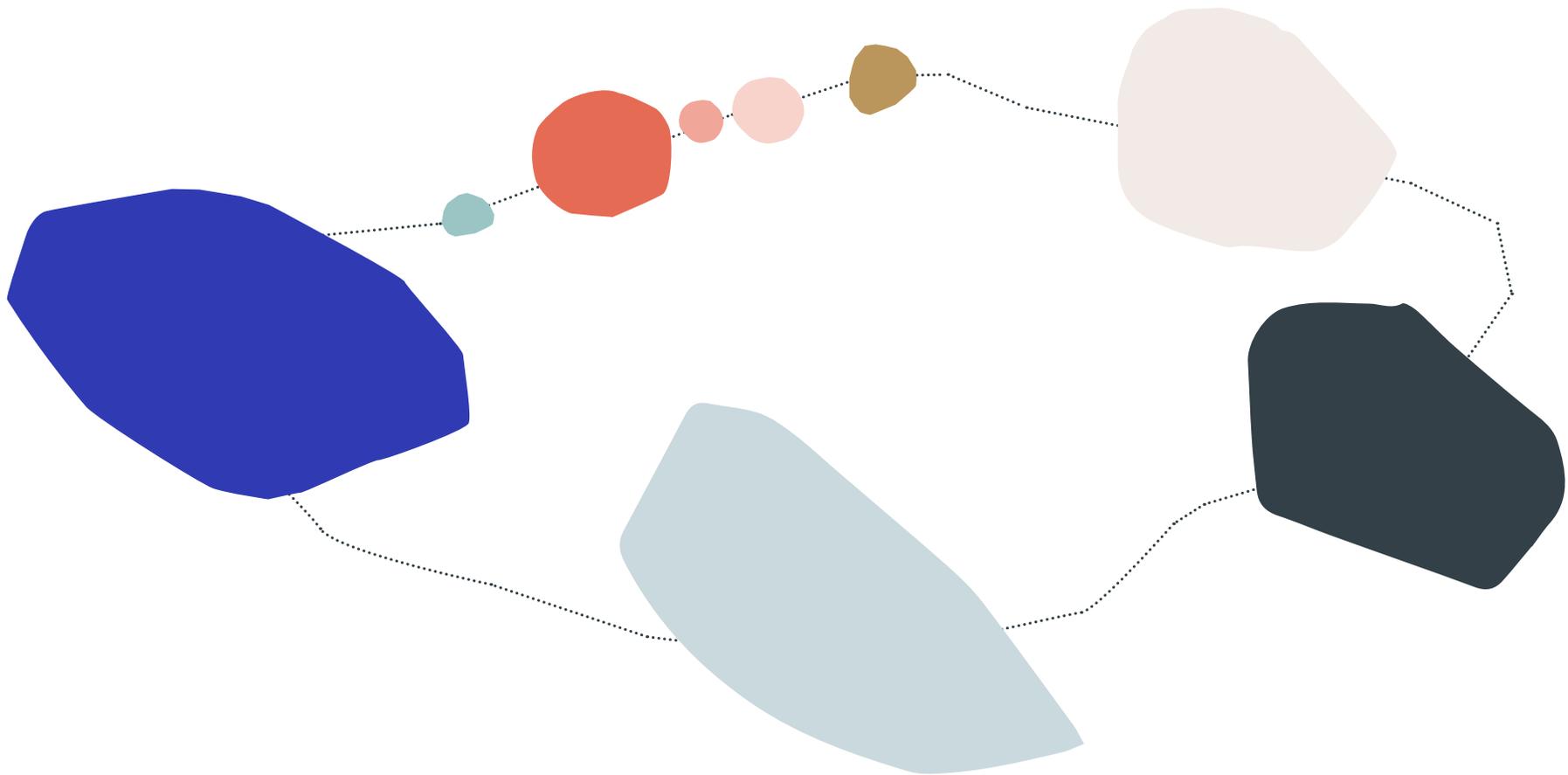


# The IPV-ADAPT+ Framework

## How to Adapt Intimate Partner Violence Prevention Programs



EXECUTIVE SUMMARY



### **Authors**

Vandana Sharma, MD, MPH  
Jennifer Scott, MD, MPH  
Katherine Belen, PhD  
Elizabeth Dartnall, MSc  
Anik Gevers, PhD

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[equalityinsightslab.org](https://equalityinsightslab.org)

**Requests for further information on this guide:**  
[info@equalityinsightslab.org](mailto:info@equalityinsightslab.org)

# Introduction: What, Who, Why, How?

The IPV-ADAPT+ Framework is a systematic process for adapting IPV prevention programs to new contexts and/or populations.

## What is this guide about?

The IPV-ADAPT+ Framework is designed to **support a variety of stakeholders to adapt Intimate Partner Violence (IPV) prevention programs** for different populations and contexts. The guidance document includes:

- Background information on IPV program adaptation
- The **IPV-ADAPT+ Framework**: a step-by-step process for conducting adaptations
- Tools for use during adaptation and additional resources
- Case examples to illustrate learning from previous IPV program adaptations

The guide was informed by a literature review and key informant interviews with input and review from an expert advisory board.

## Who is this guide for?

This guidance is for **program implementers, researchers, donors and other stakeholders** who are planning to adapt an IPV prevention program or are already in the process of adapting an IPV prevention program.

## Why do we need guidance on adapting IPV programs?

Over the past decades, a growing number of programs to prevent and reduce IPV have been designed, implemented and evaluated in many different contexts. As program implementers, researchers and donors become increasingly interested in adapting these ‘proven and tested’ IPV prevention interventions to new contexts and/or populations, there is a need for guidance and tools to facilitate and strengthen this process. Using this guidance can help **prevent inefficient use of resources and adaptations that may not be successful or that could contribute to unintended consequences.**

## How to use this guide?

This document provides a **flexible approach**, recognizing that the adaptation process may not be linear and may look very different for different adaptations. We encourage you to use this guide in a way that makes sense for your program.

# The IPV-ADAPT+ Framework

This framework outlines a deliberate and planned process to facilitate the modification of the content, delivery or implementation of a program for a different context or population.

The IPV-ADAPT+ Framework is built upon existing theory and practice and includes a combination of steps tailored for IPV prevention programming in diverse contexts across the globe.

The Framework comprises **15 steps across 5 key stages** corresponding to the acronym A.D.A.P.T. These include:

- A** - Assess context and select IPV prevention program
- D** - Design adaptation approach
- A** - Adapt IPV program
- P** - Pilot and refine adapted IPV prevention program
- T** - Targeted implementation and evaluation of the adapted IPV prevention program

The stages are also organized according to the different phases of a typical program cycle in the context of development or humanitarian programming. For example, assessing the context and selecting the IPV prevention program (Stage A) typically occurs during the program planning and development phase, which may include creation of a project or funding proposal. The D, A and P stages take place during a program's adaptation and pilot phase and the T stage occurs during the implementation and evaluation phases of a development or humanitarian program. This may have various implications from a practical and/or operational standpoint as different teams or decision makers may be involved in the program development stage than in the adaptation and pilot phase. Limited or no budgetary resources in the program development or proposal stage may make it challenging to bring together the key stakeholders or conduct needs assessments.

The Framework emphasizes an **I**ntentional, **P**lanned and **V**alidated (I.P.V.) process for the systematic adaptation of evidence-based IPV prevention programs that: a) seeks to avoid unintentional deviations and 'on-the-fly' adaptations, b) allows a flexible approach, recognizing that the steps do not necessarily follow a linear process and c) deliberately considers the knowledge, skills and attitudes needed to develop adaptive capacity. The IPV-ADAPT+ Framework draws on learning from adapted IPV prevention programs that originated in both high-income and low- and middle-income countries, thus, highlighting considerations and approaches relevant to global audiences and contexts.

The IPV-ADAPT+ Framework also highlights the importance of a principled approach. The + (plus) refers to the incorporation of several overarching principles and quality measures throughout the adaptation process. This includes employing a **community-based participatory and women-centered approach** considering ethical issues throughout the process including **addressing safety issues and minimizing potential harms** and **conducting systematic documentation and learning-oriented monitoring and evaluation**.

Figure 1 summarizes the key stages and steps in the IPV-ADAPT+ Framework. Please refer to the full version of the guide for further details on the stages and steps.

+ Participatory community & women-centered approach  
 + Ethical & evidence-based adaptation  
 + Learning-oriented monitoring & evaluation

A

D

A

P

T

**ASSESS CONTEXT & SELECT IPV PREVENTION PROGRAM**

**DESIGN IPV PROGRAM ADAPTATION APPROACH**

**ADAPT IPV PROGRAM**

**PILOT & REFINE ADAPTED IPV PROGRAM**

**TARGETED IMPLEMENTATION & EVALUATION**

- 1 Assess community context & IPV risk factors
- 2 Select an IPV program to adapt
- 3 Consult stakeholders & establish partnerships

- 4 Review core components of selected IPV program & materials
- 5 Refine Theory of Change
- 6 Identify adaptations needed & develop approach

- 7 Modify selected program components &/or develop new materials while considering fidelity & fit
- 8 Obtain feedback on adapted materials & approach from stakeholders & communities
- 9 Document adaptation process & capture learning

- 10 Design & conduct a pilot test of adapted program among population of interest, including key indicators
- 11 Analyze pilot results & refine materials & approach accordingly

- 12 Develop implementation & evaluation plans
- 13 Implement adapted program & collect M&E data
- 14 Analyze data, interpret findings & develop recommendations to inform next steps
- 15 Disseminate findings & scale effective IPV programs

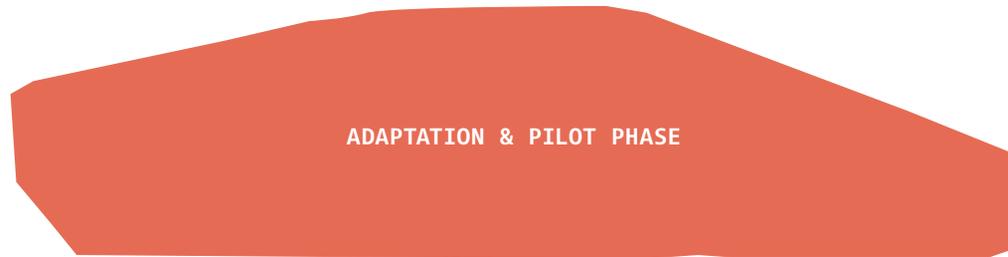


Figure 1: The IPV-ADAPT+ Framework

