

The IPV-ADAPT + Framework

How to Adapt IPV Prevention Programs

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The IPV-ADAPT+ Framework E-Learning Course

How to Adapt Intimate Partner Violence Prevention Programs



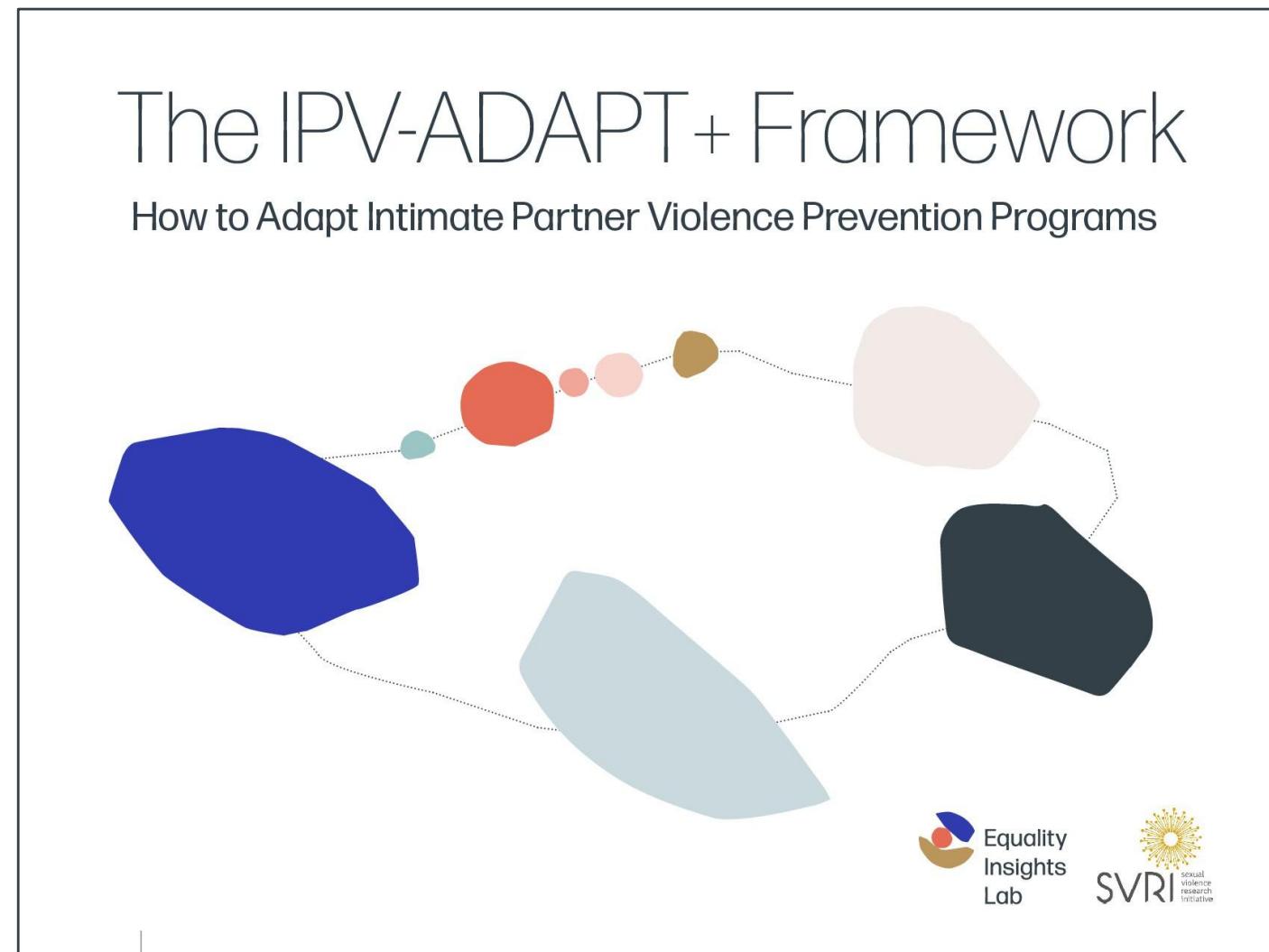
Background

- Equality Insights Lab & Sexual Violence Research Initiative (SVRI) have been collaborating to develop practical, evidence-based guidance and tools on conducting ethical, effective intimate partner violence (IPV) prevention program adaptations.
- We developed the IPV-ADAPT+ Framework, a step-by-step guide to help organizations adapt IPV programs to new contexts in ethical and effective ways.
- This course was developed to further strengthen adaptation efforts.

Course Importance

- IPV is a global health issue, affecting 1 in 3 women worldwide.
- Over the past decades, a growing number of IPV programs have been designed, implemented and evaluated in many settings.
- There is increasing interest in adapting effective IPV programs for new settings. Without thoughtful adaptation, programs risk being ineffective or even harmful.
- This course provides a structured approach to adaptation, ensuring that adaptations are contextually relevant, culturally responsive and impactful.
- The course is self-paced, with downloadable materials and is available on **the Thinkific learning platform**

The IPV-ADAPT+ Framework



What: Evidence-based guidance and tools that support various actors to strengthen the adaptation of IPV prevention programming for diverse settings.

Who: Developed by researchers & practitioners at Equality Insights Lab and SVRI with input from a technical advisory group.

Why: To guide adaptations driven by evidence, to prevent the inefficient use of resources, to avoid developing unsuccessful adaptations that could have negative, unintended consequences.

How: Developed through a literature review (165+ articles / reports), 20 key informant interviews (researchers, practitioners, donors), and input from key experts from diverse contexts.

- + Participatory community & women-centered approach
 - + Ethical & evidence-based adaptation
 - + Learning-oriented monitoring & evaluation

A D A P T

ASSESS CONTEXT & SELECT IPV PREVENTION PROGRAM

- 1 Assess community context & IPV risk factors
- 2 Select an IPV program to adapt
- 3 Consult stakeholders & establish partnerships

DESIGN IPV PROGRAM ADAPTATION APPROACH

- 4 Review core components of selected IPV program & materials
- 5 Refine Theory of Change
- 6 Identify adaptations needed & develop approach

ADAPT IPV PROGRAM

- 7 Modify selected program components &/or develop new materials while considering fidelity & fit
- 8 Obtain feedback on adapted materials & approach from stakeholders & communities
- 9 Document adaptation process & capture learning

PILOT & REFINE ADAPTED IPV PROGRAM

- 10 Design & conduct a pilot test of adapted program among population of interest, including key indicators
- 11 Analyze pilot results & refine materials & approach accordingly

TARGETED IMPLEMENTATION & EVALUATION

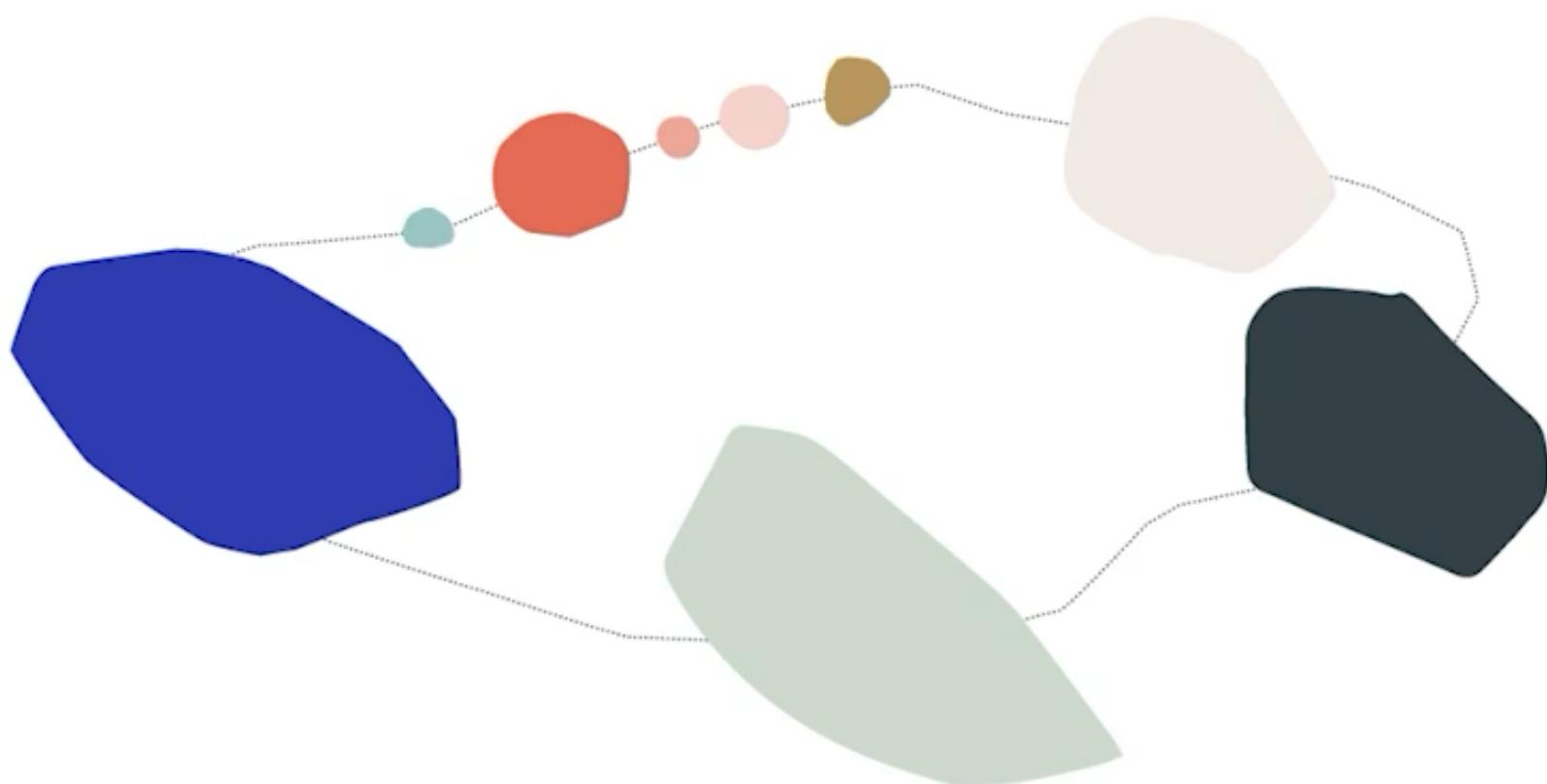
- 12 Develop implementation & evaluation plans
- 13 Implement adapted program & collect M&E data
- 14 Analyze data, interpret findings & develop recommendations to inform next steps
- 15 Disseminate findings & scale effective IPV programs

PROGRAM DEVELOPMENT PHASE

ADAPTATION & PILOT PHASE

IMPLEMENTATION &
EVALUATION PHASE

The IPV-ADAPT+ Framework



Course Objectives

By the end of the course, learners will be able to:

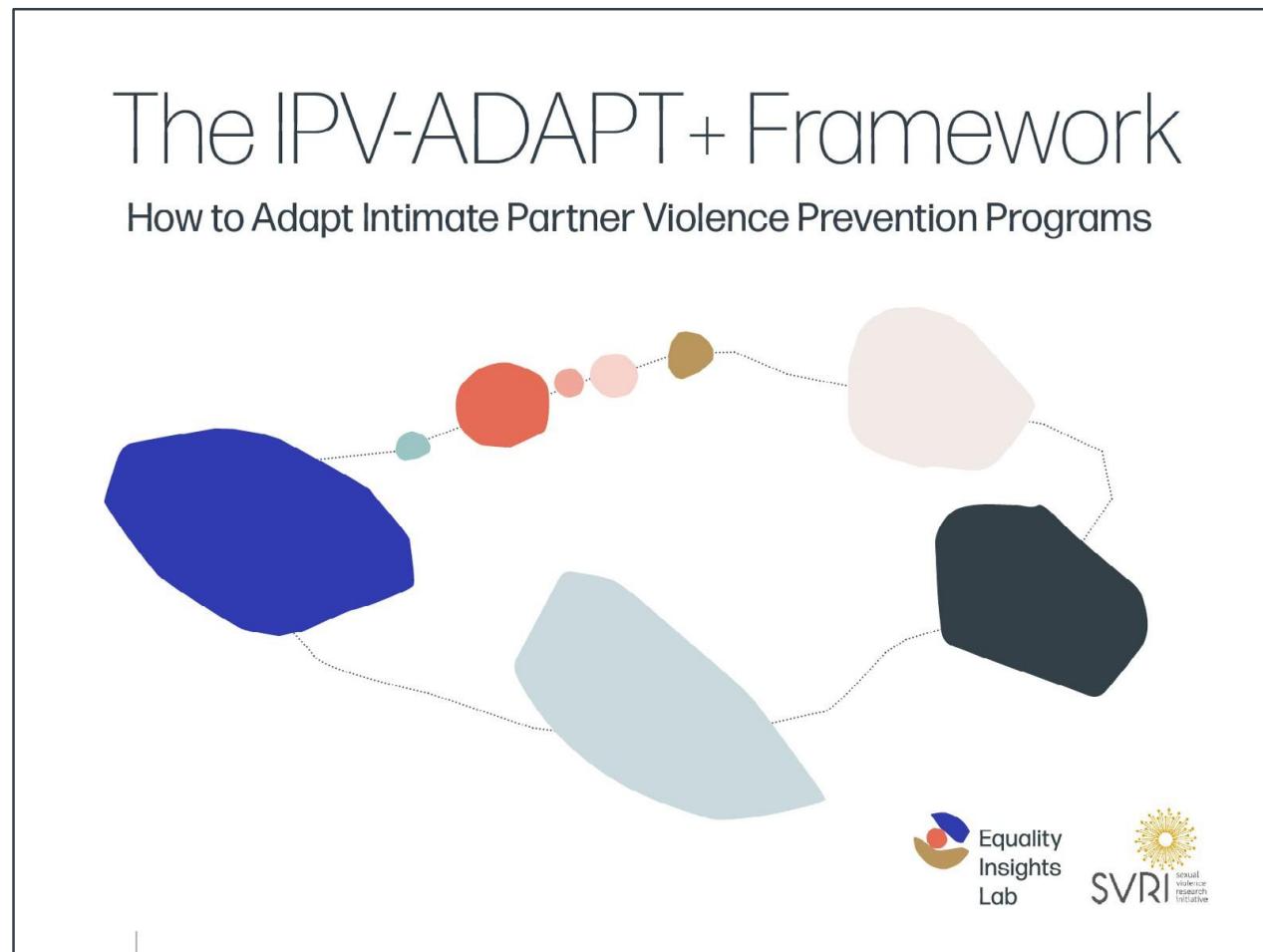
- Discuss key concepts on the adaptation of IPV prevention programs. Understand
- and navigate the stages and steps of the IPV-ADAPT+ Framework. Reflect on
- adaptation experiences or goals.
- Understand common adaptation challenges and strategies to address them.
- Use the IPV-ADAPT+ Framework to plan, implement and document adaptations in real-world settings.

Course Outline

A total of 11 modules:

1. The IPV-ADAPT+ Framework Course Overview & Objectives
2. Intimate Partner Violence (IPV) Background
3. Introduction to Adaptation
4. The IPV-ADAPT+ Framework Overview
5. Stage 1 – Assess Context & Select IPV Prevention Program
6. Stage 2 – Design IPV Program Adaptation Approach
7. Stage 3 – Adapt IPV Program
8. Stage 4 – Pilot & Refine Adapted IPV Program
9. Stage 5 – Targeted Implementation & Evaluation
10. Applying the IPV-ADAPT+ Framework
11. Fireside Chats to Explore Specific Themes

Course Materials & Engagement



- Reflection questions
- Case Studies
- Opportunities to apply the lessons learned to other adaptation projects.

Connecting the Framework to Practice

The IPV-ADAPT+ Framework and course were shaped by field experiences and lessons about what works - and what doesn't - in practice.

- The curriculum draws directly from research evidence and implementation experience.
- Next, you'll hear from some of our fireside chat speakers about how these concepts are applied in practice – including the real-world challenges, trade-offs, and opportunities that emerge during the adaptation process.